

# **Parks, Recreation & Cultural Services**

PR&CS Administration, 1401 Recreation Way, Colorado Springs, CO 80905



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## **Agenda**

### **Westside Community Center Working Committee**

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**Thursday, November 16, 2023**

**2:00 p.m.**

**Westside Comm. Center, 1628 W. Bijou**

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#### **How to call in to the meeting for citizens:**

***Please dial +1 (720) 617-3426 Conference ID: 953 979 574#***

#### **How to comment:**

- *For Citizen Discussion concerning items that are not on the agenda please email your comments to [WCCWorkingCommittee@coloradosprings.gov](mailto:WCCWorkingCommittee@coloradosprings.gov) in advance of the meeting.*
- *For Agenda Items - Before the meeting, those who wish to comment should submit their name, telephone number, and the topic or agenda item for comment to [WCCWorkingCommittee@coloradosprings.gov](mailto:WCCWorkingCommittee@coloradosprings.gov). If you are a participant in Microsoft TEAMS please use the chat function to indicate you would like to comment. If you have joined the meeting via conference call, please listen for your opportunity to comment. You will be called upon to comment using the last four digits of your telephone number. Please limit your comment to three minutes.*

#### **Announcements**

Staff and Committee

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#### **Citizen Comment/Discussion**

Citizens

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#### **Approval of Minutes**

Working Committee Meeting Minutes – October 19, 2023

Committee

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#### **Committee Announcements**

Committee

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#### **Action Items**

Winning the WCC scarecrow contest and subsequent prize (10 minutes)

Liz/Committee

Review of submitted *Proposals for Leased Space (15 minutes)*

Staff and Committee

- RunMental, LLC – Adam Schwerdt

Review of submitted *Proposals for Program/Services (15 minutes)*

Staff and Committee

- The Pheonix Pickleball Club – Craig Christensen
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**Committee Business**

Evaluation and Evolution of the Working Committee (15 minutes)  
Communications Subcommittee Update (20 minutes) – Tena  
December meeting / Parks Board holiday breakfast (12/14) – Committee/Staff

Committee  
Committee/Staff

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**Staff Updates** (15 minutes)

Westside Community Center Facility Operations – Seasonal staff; programming; maintenance closure (12/25-1/5); weather closure policy; holiday closures; Pike Ride ribbon cutting; Facility enhancements: doors, lighting, tenant/campus signage;

Staff

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**Presentation Items**

Staff

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**Adjournment**

Committee



**Westside Community Center Campus, 1628 West Bijou  
Leased Property Proposal**

**\*This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.\***

Organization Name: RunMental, LLC

Contact Name: Adam Schwerdt

Contact Email: runmental@gmail.com

Contact Phone: 6366985383

Organization website: runmental.com

Current operating address: 710 North Weber St. Colorado Springs, CO 80903

Industry or Sector: Physical therapy and performance coaching

**Organization Information** *(please attach additional pages as needed)*

*Please describe your organization, including mission and vision.*

RunMental is a physical therapy and performance coaching company specializing in the management of runners from injury to performance. Sessions are in person and one on one. The business consists of myself, the Owner, PT, and coach, as well as another coach who will rarely use the space as most of our coaching is done remotely via an app. We strive to provide an unparalleled experience for our patients and clients, aiming to be the go to resource for runners.

*Please describe how you see your organization integrating into the Westside Community Center Campus and neighborhood.*

RunMental will provide an open and positive environment for people of all ages to improve their well being and increase their ability to partake in community events with in and outside the westside community center.

*Please describe how your organization will bring value to the Westside Community Center Campus and neighborhood.*

RunMental aims to help improve the health and wellness of each individual we work with using a holistic approach to get them back to the activities they love, improve performance, and/or get them connected with people who can help with things outside our scope (dietitians, counselors, etc).

*Please describe how you intend to make your business successful at the Westside Center Campus.*

I plan to host workshops and classes to help support runners in their journey to better health, fitness, and reduce injury risk in addition to other marketing strategies. I have and will continue to be at various group runs and races in the local community.



Number of years in business: 6

**Anticipated Use of Leased Space** *(please use additional pages as needed)*

Description of anticipated operational use of leased space:

The space will be used to provide physical therapy, performance training sessions for coaching clients, gait analysis, and consultations.

Number of staff expected to be housed on site at the Westside Community Center

Campus:

2

Anticipated foot traffic:

20-25/wk

Anticipated daily/weekly operating/usage hours:

10-15

*Optional: You may submit a cover letter expressing your interest in leasing space at the Westside Community Center Campus.*

**Statement of Understanding**

*I understand that this is a proposal to lease property on the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss a lease agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***

DocuSigned by:

Adam Schwerdt  
Signature of proposer

10/22/2023

Today's Date



Westside Community Center Campus  
Contract Program or Service Provider Proposal

**RECEIVED**  
BY NEM DATE 11.1.23  
3:27p

**\*This proposal form and all information contained within will be made public during the Westside Community Center Working Committee review process.\***

Organization or Provider Name: The Phoenix  
Contact Name: Craig Christensen  
Contact Email: craigwill.contact@gmail.com  
Contact Phone: (323) 516-9521  
Type of Organization:  Individual  For Profit  Non-Profit  Other: \_\_\_\_\_

What type of program or service are you proposing?  
 Program (Defined as an ongoing, multi-session offering that builds on skills or learning from session to session, typically lead by an individual or instructor)  
 Service (Defined as an offering providing a community good, either for no or nominal cost, to enhance community understanding of a particular topic or be a resource or service for the community)  
 Other: \_\_\_\_\_

**Organization and Proposed Program Information**  
(please attach additional pages as needed)

Please describe your proposed contract program or service. Include the title, description, populations served, anticipated attendance per class and general participant fees (if applicable). Please also include how this program or service is of value to the Westside Community, list goals and objectives of the program or service, and describe how you intend to make this program successful.

We are seeking an indoor space for:  
The Phoenix Pickleball Club

Dates and times are flexible, but preferred times are Wed 5-7 pm or Sat any time.

We have 10-15 people play most weeks.

Population: anyone (proposal form continues on next page) who is interested in living a sober lifestyle.

We will advertise via the Phoenix website and meetup.com

1401 Recreation Way, Colorado Springs, 80904 • 719-385-5940

www.ColoradoSprings.gov/parks

Objective: provide a safe and active space for those in recovery



*Optional: You may submit a cover letter further expressing your interest in offering this contract program or service at the Westside Community Center Campus.*

**Statement of Understanding**

*I understand that this is a proposal to offer contract programs and services at the Westside Community Center Campus. I understand that this form and all information contained within will be made public during the Westside Community Center Working Committee review process. I acknowledge that the City is subject to the Colorado Open (Public) Records Act, C.R.S. § 24-72-201 et. seq. I further understand that, if selected to discuss an agreement, I will be contacted by a member of the City of Colorado Springs Parks, Recreation and Cultural Services Department. **Failure to sign and return this form could result in the rejection of the entire submission.***



\_\_\_\_\_  
Signature of proposer

11/1/23

\_\_\_\_\_  
Today's Date